

2016 Regional (Summer) Championships Qualifying Times

These are 50m times

(Short course to long course conversions will be accepted)

All times must have been achieved between: June 8th 2015 and April 4th 2016 at a Level 1, 2 or 3 Licensed Meet.

Age on the day will be as of midnight on 31st December 2016

	11/12 years		13 years		14 years		15 years		16 years		17 years/over	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
50m Free	31.6	33.2	29.9	31.9	28.8	31.3	27.2	30.2	27.1	30.2	26.9	30.1
100m Free	1:09.9	1:10.5	1:04.9	1:07.8	1:02.5	1:06.5	59.1	1:04.2	58.8	1:04.2	58.5	1:04.2
200m Free	2:29.7	2:30.9	2:21.8	2:25.8	2:15.6	2:23.3	2:06.5	2:17.6	2:05.8	2:16.8	2:05.0	2:16.0
400m Free	5:15.9	5:18.8	5:00.3	5:06.7	4:47.6	5:02.6	4:33.4	4:49.6	4:31.0	4:49.6	4:28.6	4:49.6
800m Free	N/A	10:55.5	N/A	10:32.9	N/A	10:19.8	N/A	9:47.3	N/A	9:47.3	N/A	9:47.3
1500m Free	20:33.2	N/A	19:29.9	N/A	18:49.6	N/A	17:49.9	N/A	17:37.9	N/A	17:25.6	N/A
50m Breast	41.9	40.8	38.8	39.3	36.7	38.8	34.7	37.8	34.5	37.8	34.4	37.7
100m Breast	1:33.1	1:30.8	1:27.0	1:25.4	1:19.7	1:24.2	1:15.0	1:22.1	1:14.6	1:22.1	1:14.2	1:22.0
200m Breast	3:18.5	3:15.0	3:05.9	3:02.7	2:52.7	3:01.9	2:44.8	2:59.5	2:44.8	2:59.5	2:44.8	2:59.5
50m Fly	30.3	35.7	33.3	34.2	31.8	33.5	29.2	32.3	29.2	32.3	29.2	32.3
100m Fly	1:17.7	1:20.5	1:14.4	1:14.3	1:10.5	1:12.7	1:03.0	1:09.3	1:02.5	1:09.3	1:02.5	1:09.3
200m Fly	2:58.9	3:05.4	2:46.1	2:55.6	2:39.2	2:45.2	2:26.5	2:37.5	2:26.5	2:37.3	2:26.5	2:37.1
50m Back	37.4	38.3	35.7	36.5	33.5	35.5	31.8	34.2	31.5	34.2	31.2	34.2
100m Back	1:17.8	1:19.7	1:14.3	1:16.0	1:09.7	1:14.0	1:05.5	1:10.3	1:05.1	1:10.3	1:04.5	1:10.2
200m Back	2:51.4	2:49.1	2:43.0	2:41.7	2:31.3	2:38.6	2:22.4	2:32.6	2:22.4	2:32.2	2:22.4	2:32.0
200m IM	2:52.9	2:51.3	2:41.2	2:43.8	2:34.1	2:42.7	2:24.9	2:36.6	2:24.5	2:36.3	2:22.8	2:36.0
400m IM	6:10.0	6:12.6	5:48.8	5:50.1	5:35.9	5:41.8	5:04.8	5:26.3	5:04.8	5:26.3	4:58.3	5:26.3

Para-swimmer Qualifying Times

Age on the day will be as of midnight on 31st December 2016

All times must have been achieved between: June 8th 2015 and April 4th 2016 at a Level 1, 2 or 3 Licensed Meet

Times may be achieved in either a long course or a short course pool.

		Freestyle				Back		Fly			Breast			IM
		50m	100m	200m	400m	50m	100m	50m	100m		50m	100m		200m
S1	Boys	02:22.9	04:19.1	12:11.8		02:15.8	04:39.1			SB1	03:26.3			
	Girls	02:14.6	06:39.4	10:35.9		03:37.5	07:10.9				03:37.3			
S2	Boys	01:39.3	03:55.1	07:02.7		01:36.9	03:29.2	03:50.7		SB2	01:36.9			
	Girls	02:05.3	05:47.5	10:14.2		01:47.7	04:02.2	03:43.7			02:17.6			
S3	Boys	01:13.0	02:43.0	05:44.3		01:21.8		02:18.6		SB3	01:21.6			
	Girls	01:31.1	02:49.8	06:24.4		01:31.4		02:07.5			01:41.1			
S4	Boys	01:03.4	02:19.1	04:59.2		01:13.0		01:14.3		SB4		02:37.4		
	Girls	01:21.1	02:49.0	06:15.6		01:26.0		02:44.3				03:13.3		
S5	Boys	00:55.8	02:02.7	04:23.7		01:03.4		00:58.5		SB5		02:30.9	SM5	05:39.4
	Girls	01:01.7	02:14.4	04:53.7		01:12.4		01:14.7				03:01.3		05:53.9
S6	Boys	00:48.3	01:48.5		08:18.0		01:59.9	00:50.0		SB6		02:13.0	SM6	04:18.9
	Girls	00:55.6	02:00.1		09:13.8		02:20.4	01:01.1				02:39.4		05:07.7
S7	Boys	00:45.4	01:41.2		07:57.8		01:58.4	00:48.8		SB7		02:06.1	SM7	04:16.7
	Girls	00:53.9	01:56.8		08:40.0		02:15.8	00:59.2				02:36.2		04:59.0
S8	Boys	00:43.7	01:33.6		07:18.4		01:45.5		01:41.1	SB8		01:55.7	SM8	03:55.0
	Girls	00:50.6	01:48.7		08:02.7		02:07.7		01:58.7			02:11.2		04:34.3
S9	Boys	00:42.2	01:31.4		07:00.0		01:44.4		01:37.2	SB9		01:50.4	SM9	03:46.3
	Girls	00:47.1	01:42.4		07:43.2		01:53.1		01:51.7			02:07.3		04:14.3
S10	Boys	00:37.9	01:25.1		06:44.9		01:38.5		01:32.1				SM10	03:32.0
	Girls	00:44.8	01:38.0		07:27.4		01:49.5		01:51.0					04:03.2
S11	Boys	00:42.9	01:35.9		07:36.7		01:51.3		01:41.0	SB11		01:59.5	SM11	04:01.8
	Girls	00:51.0	01:54.8		09:01.8		02:16.3		02:24.3			02:28.1		04:42.9
S12	Boys	00:38.9	01:25.2		06:46.1		01:38.2		01:33.3	SB12		01:49.6	SM12	03:36.6
	Girls	00:45.3	01:37.8		07:33.6		01:59.2		01:49.9			02:18.0		04:21.3
S13	Boys	00:38.8	01:25.1		06:45.8		01:37.8		01:33.5	SB13		01:49.2	SM13	03:36.4
	Girls	00:45.4	01:37.5		07:29.0		01:56.6		01:50.8			02:08.7		04:03.7
S14	Boys	00:40.6	01:28.9	03:07.3	06:57.4		01:36.7		01:36.9	SB14		01:48.8	SM14	03:37.3
	Girls	00:45.7	01:37.6	03:21.0	08:05.1		01:46.8		01:52.0			02:04.9		03:53.3